



WORK RELATIONSHIPS FAST TRACK

A BITE SIZE REFRESHER FOR LEADERS & MANAGERS



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The structure has been perfect to dip in and out of without any pressure to be anywhere at a certain time. It has given me the space to show up when I'm ready, read over and learn from other people's reflections and post my own when I am ready. Thank you Jen and to all the other leaders that have been so open about their experiences for us all to learn from.

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A lot of the learning has revitalised my confidence in getting out there and asking my stakeholders what they need from me rather than assuming we're on the same page. Good timing as we come up to planning. Also I think it's a good opportunity to reset expectations with my core teams and them with me.

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I loved the bite-size format and the opportunities to catch-up when other things couldn't be moved. Really good mix of content - and the input from other people was a lovely bonus. I'm so grateful for some fabulously actionable insights.

Are many of your work challenges relationship based?

Would you get better outcomes, with fewer issues, if your teams took time to strengthen their relationships?

Want a leadership development solution that talks to your managers' real time challenges, as they experience them?

I have spent the post-pandemic years working with organisations who report the kinds of leadership issues that we know could have been avoided with clearer communication, mutual understanding of each other's needs, priorities and working styles and more opportunity to build trust. I regularly support clients to address these issues through team away days, workshops and in depth leadership development programmes.

However, sometimes you want something that LOTS of managers can take part in, where they learn at a time that suits them around their busy schedules, and where they can bring current challenges in the moment.

If this sounds like your organisation, then you need my Work Relationships Fast Track; a proven, bite size leadership development programme that almost 1000 leaders have taken part in to date as an open event.

It is now available as an in house programme for your organisation.

What is covered?

We will focus on building trust, how to influence and navigating different leadership styles within your team, as well as whatever the group bring up as challenges and discussion points. The Fast Track is a starting point for powerful conversations between your people where they share experiences, hold each other to account and build relationships as they go!

Who is it for?

Anyone who manages people in a formal line management capacity or through project management or volunteer management. This is useful learning for leaders at all levels, from first line managers to CEOs and board members – if relationships are crucial to your work, then you'll get something from it.

If you'd like to have an informal chat about how the Work Relationships Fast Track can help you and your team - email jennifer@mccannacoaching.co.uk I look forward to hearing from you.



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Thank you for providing this support Jennifer. I have found the balance of online input/tasks and the reflections you've asked for manageable and really helpful and interesting. I've come away with things to try and work on.

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I'd highly recommend it for any level of seniority from emerging leaders to those with large thriving teams. The flexible format means you can pop in when you have time and enjoy the content at your own pace.

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I have had the opportunity to reflect on what has been going well, which has been good for my own motivation, but also am coming away with some very practical tips to use with my team, which will hopefully strengthen our relationships in the team and increase our impact. Thank you so much.

How does it work?

Over 1 month, with micro-touch points and in the moment support for leaders.

- A weekly 4 minute video introducing a topic and a short task for the leader to do (e.g. go and acknowledge a member of their team in a certain way, seek feedback from a trusted colleague on their leadership style, reflect on the best manager they ever had and what they were doing.) Includes a fillable/printable workbook to save to the system of your choice.
- Support and accountability from me, answering every comment, question or reflection on the weekly tasks, using whatever platform works for you.
- A weekly 45 minute Q&A session from me: more content around the topic, the chance to ask questions, all recorded so your people can listen back at a time that suits them.
- End of month 1 hour online workshop on the subject of your choice e.g. setting effective boundaries, giving and receiving feedback or leadership styles.

Cost to you:

- Between 5-50 participants: **£3995 +VAT**
- 50-200 participants: **£4995 +VAT**
- 200-500 participants: **£6995 +VAT**

For charities please apply a 20% discount.

What you'll need to provide:

- Someone internally to invite colleagues, set up a communications channel and host the weekly Q&A.
- The reflection time for your leaders to absorb the learning and ideally some ways of incorporating that into your day to day (I can help with ideas for that!)



McCANNA COACHING

Jennifer McCanna, PCC is a leadership coach who has worked with global, national and local organisations since 2011. As a Resilience Dynamic® and EFT practitioner, she creates safe spaces for leaders and teams to strengthen relationships and gain practical tools to navigate change and manage energy. She also hosts the [My Emotional Work Life podcast](#).

www.mccannacoaching.co.uk

You can follow Jen [on LinkedIn here](#)

and on Insta [@jen_the_leadership_coach](#)

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